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JAN - 7 2005

Office of Nutritional Products
Labeling & Dietary Supplements
Center for Food Safety and Applied Nutrition
Food and Drug Administration
5100 Paint Branch Parkway
College Park, MD 20740-3835

December 16, 2004

Dear Sir or Madam:

This letter will serve as a 30-day notification pursuant to Section 6 of the Dietary Supplement Health and Education Act of 1994 that NBTY Inc. is using the following statements on our Extra Strength Joint Maintenance™ supplements under one or more of the following brand names: American Health, Bioenergy Nutrients, Body Fortress, Good 'N Natural, Health's Finest, Heartland, HealthSmart Vitamins, HealthWatchers, Herbal Authority, Hudson, Life's Finest, Natural Wealth, Nature's Bounty, Nutrition Headquarters, Nutrition Warehouse, PhysioLogics, Precision Engineered, Puritan's Pride, US Nutrition, and Vitamin World:

Ingredients: Vitamin C, Manganese, Glucosamine Sulfate KCL, Chondroitin Sulfate

- A Dietary Supplement for Joint Nutrition
- Supports/Promotes Joint Health
- Joint health is affected by many factors including heredity, gender, sports activities and weight.
- Extra Strength Joint Maintenance™ contains the same joint support ingredients found in research studies.
- Both Glucosamine Sulfate and Chondroitin Sulfate are key structural components in cartilage and play important roles in the maintenance of joint cartilage.
- Extra Strength Joint Maintenance™ also contains Vitamin C for collagen formation and Manganese, a mineral necessary for normal skeletal development.
- Extra Strength Joint MaintenanceTM is perfect for anyone seeking maximum joint support supplementation.

The above statements are accompanied by the required disclaimer pursuant to Section 6 of the Dietary Supplement Health and Education Act.

Sincerely,

Angelica S. Vrablic, Ph.D.

Manager, Nutrition Research

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